

# September 2024

August 2024							September 2024							October 2024							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
				1	2	3	1	2	3	4	5	6	7	1	2	3	4	5			
4	5	6	7	8	9	10	8	9	10	11	12	13	14	6	7	8	9	10	11	12	
11	12	13	14	15	16	17	15	16	17	18	19	20	21	13	14	15	16	17	18	19	
18	19	20	21	22	23	24	22	23	24	25	26	27	28	20	21	22	23	24	25	26	
25	26	27	28	29	30	31	29	30						27	28	29	30	31			

- US Holidays
- Cottonwood

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 <b>Labor Day</b> <ul style="list-style-type: none"> <li>9:00 AM Chair Cardio</li> <li>2:00 PM Swim Aerobics</li> <li>2:30 PM Mixed Golf</li> <li>7:00 PM Pokeno</li> </ul>	3 <ul style="list-style-type: none"> <li>9:00 AM Chair Strength Exercises</li> <li>10:00 AM Crafting</li> <li>2:00 PM Swim Aerobics</li> <li>7:00 PM Bingo</li> </ul>	4 <ul style="list-style-type: none"> <li>9:00 AM Chair Cardio</li> <li>9:00 AM Coffee &amp; Donuts</li> <li>9:00 AM Men's Golf League</li> <li>1:00 PM Bridge</li> <li>2:00 PM Swim Aerobics</li> <li>5:30 PM Poker</li> </ul>	5 <ul style="list-style-type: none"> <li>8:00 AM Ladies Golf</li> <li>9:00 AM Chair Strength Exercises</li> <li>2:00 PM Dominos</li> <li>2:00 PM Swim Aerobics</li> <li>7:00 PM Euchre</li> </ul>	6 <ul style="list-style-type: none"> <li>9:00 AM Chair Cardio</li> <li>2:00 PM Swim Aerobics</li> <li>4:30 PM Happy Hour</li> <li>7:00 PM Card Bingo</li> </ul>	7 <ul style="list-style-type: none"> <li>9:00 AM Chair Strength Exercises</li> </ul>
8 <ul style="list-style-type: none"> <li>9:00 AM Chair Cardio</li> <li>2:00 PM Swim Aerobics</li> <li>2:30 PM Mixed Golf</li> <li>7:00 PM Pokeno</li> </ul>	9 <ul style="list-style-type: none"> <li>9:00 AM Chair Strength Exercises</li> <li>10:00 AM Crafting</li> <li>11:30 AM Ladies luncheon</li> <li>2:00 PM Swim Aerobics</li> <li>7:00 PM Bingo</li> </ul>	10 <ul style="list-style-type: none"> <li>9:00 AM Chair Cardio</li> <li>9:00 AM Men's Golf League</li> <li>1:00 PM Bridge</li> <li>2:00 PM Swim Aerobics</li> <li>5:30 PM Poker</li> </ul>	11 <ul style="list-style-type: none"> <li>8:00 AM Ladies Golf</li> <li>9:00 AM Chair Strength Exercises</li> <li>2:00 PM Dominos</li> <li>2:00 PM Swim Aerobics</li> <li>7:00 PM Euchre</li> </ul>	12 <ul style="list-style-type: none"> <li>9:00 AM Chair Cardio</li> <li>2:00 PM Swim Aerobics</li> <li>4:30 PM Happy Hour</li> <li>7:00 PM Card Bingo</li> </ul>	13 <ul style="list-style-type: none"> <li>9:00 AM Chair Strength Exercises</li> </ul>	14 <ul style="list-style-type: none"> <li>9:00 AM Chair Strength Exercises</li> </ul>
15 <ul style="list-style-type: none"> <li>9:00 AM Chair Cardio</li> <li>2:00 PM Swim Aerobics</li> <li>2:30 PM Mixed Golf</li> <li>7:00 PM Pokeno</li> </ul>	16 <ul style="list-style-type: none"> <li>9:00 AM Chair Strength Exercises</li> <li>10:00 AM Crafting</li> <li>11:30 AM Soul Sisters Luncheon</li> <li>2:00 PM Swim Aerobics</li> <li>7:00 PM Bingo</li> </ul>	17 <ul style="list-style-type: none"> <li>9:00 AM Chair Cardio</li> <li>9:00 AM Men's Golf League</li> <li>1:00 PM Bridge</li> <li>2:00 PM Swim Aerobics</li> <li>5:30 PM Poker</li> </ul>	18 <ul style="list-style-type: none"> <li>8:00 AM Ladies Golf</li> <li>9:00 AM Chair Strength Exercises</li> <li>2:00 PM Dominos</li> <li>2:00 PM Swim Aerobics</li> <li>7:00 PM Euchre</li> </ul>	19 <ul style="list-style-type: none"> <li>9:00 AM Chair Cardio</li> <li>2:00 PM Swim Aerobics</li> <li>4:30 PM Happy Hour</li> <li>7:00 PM Card Bingo</li> </ul>	20 <ul style="list-style-type: none"> <li>9:00 AM Chair Strength Exercises</li> <li>5:00 PM Pool party</li> <li>6:00 PM Healthy Eating</li> </ul>	21 <ul style="list-style-type: none"> <li>9:00 AM Chair Strength Exercises</li> </ul>
22 <ul style="list-style-type: none"> <li>9:00 AM Chair Cardio</li> <li>2:00 PM Swim Aerobics</li> <li>2:30 PM Mixed Golf</li> <li>7:00 PM Pokeno</li> </ul>	23 <ul style="list-style-type: none"> <li>9:00 AM Chair Strength Exercises</li> <li>10:00 AM Crafting</li> <li>2:00 PM Swim Aerobics</li> <li>7:00 PM Bingo</li> </ul>	24 <ul style="list-style-type: none"> <li>9:00 AM Chair Cardio</li> <li>9:00 AM Men's Golf League</li> <li>1:00 PM Bridge</li> <li>2:00 PM Swim Aerobics</li> <li>5:30 PM Poker</li> </ul>	25 <ul style="list-style-type: none"> <li>8:00 AM Ladies Golf</li> <li>9:00 AM Chair Strength Exercises</li> <li>2:00 PM Dominos</li> <li>2:00 PM Swim Aerobics</li> <li>5:30 PM Board Meeting</li> <li>7:00 PM Euchre</li> </ul>	26 <ul style="list-style-type: none"> <li>9:00 AM Chair Cardio</li> <li>2:00 PM Swim Aerobics</li> <li>4:30 PM Happy Hour</li> <li>7:00 PM Card Bingo</li> </ul>	27 <ul style="list-style-type: none"> <li>9:00 AM Chair Strength Exercises</li> </ul>	28 <ul style="list-style-type: none"> <li>9:00 AM Chair Strength Exercises</li> </ul>
29 <ul style="list-style-type: none"> <li>9:00 AM Chair Cardio</li> <li>2:00 PM Swim Aerobics</li> <li>2:30 PM Mixed Golf</li> <li>7:00 PM Pokeno</li> </ul>	30 <ul style="list-style-type: none"> <li>9:00 AM Chair Strength Exercises</li> <li>10:00 AM Crafting</li> <li>2:00 PM Swim Aerobics</li> <li>7:00 PM Bingo</li> </ul>	1 <ul style="list-style-type: none"> <li>9:00 AM Chair Cardio</li> <li>9:00 AM Coffee &amp; Donuts</li> <li>9:00 AM Men's Golf League</li> <li>1:00 PM Bridge</li> <li>2:00 PM Swim Aerobics</li> <li>5:30 PM Poker</li> </ul>	2 <ul style="list-style-type: none"> <li>8:00 AM Ladies Golf</li> <li>9:00 AM Chair Strength Exercises</li> <li>2:00 PM Dominos</li> <li>2:00 PM Swim Aerobics</li> <li>7:00 PM Euchre</li> </ul>	3 <b>Rosh Hashanah</b> <ul style="list-style-type: none"> <li>9:00 AM Chair Cardio</li> <li>2:00 PM Swim Aerobics</li> <li>4:30 PM Happy Hour</li> <li>7:00 PM Card Bingo</li> </ul>	4 <ul style="list-style-type: none"> <li>9:00 AM Chair Strength Exercises</li> </ul>	5 <ul style="list-style-type: none"> <li>9:00 AM Chair Strength Exercises</li> </ul>